

Nulytely Preparation
Barium Enema (Lower GI) Instructions: Novi

Name of Patient: _____

Date: _____ Registration Time: _____ Day: _____

DAY BEFORE EXAM:

1. On _____ **BEGIN A CLEAR LIQUID DIET (ALL DAY).**

This includes: Bouillon, Jell-O (no red or purple), apple juice, white grape juice, lemonade, Gatorade (**no red or purple**), coffee, tea, pop, **NO DAIRY PRODUCTS!**

2. At **1:45 p.m.**, take the Reglan tablet given to you by our office
3. At **2:00 p.m.**, begin drinking an 8 oz. glass of Nulytely every 10 or 15 minutes, until half of the prep is completed.

(You may now rest for 1 or 2 hours, and then resume drinking the preparation)

4. You may stop drinking the Nulytely if after 3 liters the diarrhea you are having is perfectly clear (like water).

(If you still see stool after 3 liters, you need to continue the Nulytely until you are all cleared out)

5. Nothing by mouth after midnight (except your medications).

DAY OF PROCEDURE:

1. Take one package of Fleet Enema (Green & White Box) 2 hours before coming to the exam.
2. You may take all of your daily prescribed medications normally with a sip of water. Your normal medications will not affect your bowel preparation or examination.
3. You may drink some water this morning if you are thirsty. Do not eat or drink anything else.
4. Arrive at the Providence Park (Novi) X-Ray registration desk (1st floor of the main lobby) 30 minutes before your scheduled exam.

SPECIAL INSTRUCTIONS:

- If you take insulin or pills for diabetes, take only **half** of your normal dose of medication the DAY BEFORE and the MORNING OF the exam. Monitor your blood sugar levels and drink an 8 oz. glass of APPLE JUICE with each clear liquid meal, and at bedtime.